Christ became obedient unto death, even death on a cross. ThereforeGod has highly exalted him and bestowed on him the name which isabove every name.Philippians 2.8–9

Palm Sunday

Celebrant – Rev. Michelle Bull Licensed Lay Minister – Liz Mahoney, Carol MacDonnell Eucharistic Minister – Roxanne Petrossie

8:00am Holy Communion BCP

Opening Prayer	Page 67
Collect for the day	Printed
Psalm: 31:10-19	Page 365

10:00am Holy Eucharist (BAS) Livestreamed

Processional Hymn: All Glory, Laud, and Honour	CP 181
The Greeting	Page 297
The Gospel of the Palms: Mark 11:1-11	
The Blessing of the Palms	
Prayer	Page 298
Procession with Hymns: Hosanna	SB 13

Collect During the Procession:

Page 299

Almighty God, Whose Son was crucified yet entered into glory, may we, walking in the way of the cross, find it is for us the way of life; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

The Collect for the day

Almighty and everliving God, in tender love for all our human race you sent your Son our Saviour Jesus Christ to take our flesh and suffer death upon a cruel cross. May we follow the example of his great humility, and share in the glory of his resurrection; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

The Proclamation of the Word

1st Reading: Isaiah 50:4-9a Psalm: 31:9-16 2nd Reading: Philippians 2:5-11 Gradual Hymn: O Dearest Lord, Thy Sacred HeadCP 197The Holy Gospel: Mark 14:1-15:47Homily: Rev. Michelle BullCreedPage 189Prayers of the peoplePage 189

Offertory Hymn: My Song is Love Unknown	Page 192 CP 184
The Peace	Page 192
Confession and Absolution	Page 191

Prayer over the gifts

Gracious God, the suffering and death of Jesus, your only Son, shows us the depth of your love for us. Alone we can do nothing, but through his sacrifice, may we receive your love and mercy.

Eucharistic Prayer	
The Lord's Prayer	Page 211
Breaking of the bread #7 for Lent	
Gluten-free bread is available, please ask Rev. Michelle	

Communion Hymns:	Tell Me the Stories of Jesus	SB 70
	The Servant King	SB 28

Prayer after Communion

God our help and strength, you have satisfied our hunger with this eucharistic food. Strengthen our faith, that through the death and resurrection of your Son, we may be led to salvation, for he is Lord now and for ever.

Doxology		Page 214
Blessing		
Birthdays and Anniv	ersaries	
Recessional Hymn:	Ride On, Ride On in Majesty	CP 182
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Diocese cycle of prayer: St James' & St John the Baptist Brooklyn. We pray for members of our Church and the ministries carried out in their lives. We also pray for our confirmation class and the pastoral visitors' class.

Inspirational Quote

You can be very well physically, but in absolute agony because of a broken heart or an imprisoned soul. Jesus promises us he will bind up our broken hearts, set us free, and heal us from the inside out. Br. Curtis Almquist, SSJE

Readings for next Sunday, March 31, Easter Sunday

1st Reading: Isaiah 25:6-9 Psalm 118:1-2, 14-24 2nd Reading: Acts 10:34-43 The Holy Gospel: John 20:1-18

This week in our parish

Sunday	8:00am BCP Eucharist
	10:00am BAS Eucharist
Monday	11:00am Stations of the Cross
Tuesday	11:00am Stations of the Earth
Wednesday	1:00pm ELF Group
	2:00pm Movie Time, The Chosen
	7:00pm Tenebrae
Thursday	5:00pm Maundy Thursday Supper & Service
Friday	9:30am Good Friday Prayer Walk
	1:30pm Good Friday Liturgy
Saturday	8:00pm Easter Vigil & Confirmation (at the Cathedral)
Sunday	8:00am BCP Eucharist
	10:00am BAS Eucharist

Notices

<u>PWRDF</u>: We have set a goal of raising \$1000 for the PWRDF during Lent this year. So far we have \$540. Good work and keep it up!

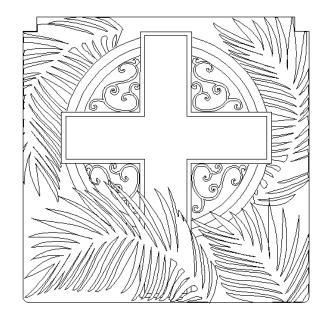
Holy Week: Begins next week with Palm Sunday. Each day during Holy Week we have a service (see flyer) to help us walk with Jesus in the last week of his life, and go much deeper than ever into the mystery of our redemption. Please join us as often as you can.

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Welcome to our Church!

If you are visiting us, we are very happy to have you here. May you be blessed, as we are, by your presence with us today.



March 24, 2024 Palm Sunday

Rector: Rev. Michelle Bull - (902) 809-9371 Retired Deacon: Rev. Mary Wilkie Wardens: Sandra Whitehead – (902) 477-9364 Allen Johnson - (902) 209-9852 Organist: Treena MacDonald

INTIMACY WITH THE DIVINE: An Introduction to MEDITATION is being offered

again! This group is for anyone, from beginners to experienced meditators, and for people of any faith tradition or no faith tradition. Dates: Six Tuesday evenings from 7:00 to 8:15 PM, April 2nd to May 7th, 2024. (First session will run 7:00 to 8:30 PM.) Location: Emmanuel Church, 322 Herring Cove Rd. Leader: Charles Bull, a retired Anglican Priest who has been learning meditation since 1977. Maximum group size: 12. NOTE: This will be a closed group after the first session. Cost: Free or by donation. To find out more call Charles at 902 210 9371 or email charlesbull97@gmail.com

FundScript: We are going to be offering Fundscript to our members and their friends. Essentially, anyone who would like to has an opportunity once a month to buy gift cards from stores we usually go to, such as Sobeys, No Frills, Giant Tiger, Walmart, Canadian Tire (list available from Treena). We order and pay for gift cards one week and they arrive the next. We get the full value of what we pay for. For instance, if we buy a \$100 gift card, we get \$100 worth of merchandise. No extra cost to us (as long as we use the whole card). The businesses then give a small percentage to the church in appreciation of our business. We will be beginning this soon.

The Church's New Foundation: As most of us are aware, the church foundation is beginning to crumble. We are not in any danger of falling down in the near future, but Parish Council has voted to make repairs, as soon as possible. Unfortunately, this is a very labour intensive process and is going to be quite costly, possibly as much as \$50,000. We are applying for grants and so on, but we would also like to give everyone the opportunity of helping to shore up the foundation. If you would like to help, please make a donation, of whatever amount you want, to the foundation fund. Cheques payable to Emmanuel Church but make sure to include Foundation on the envelope and your envelope number or address so we can send you a receipt. Thanks very much.