

*The flowers on the Altar are to the Glory of God and in Loving Memory of Dear Son, Douglas Parsons, on his 50<sup>th</sup> birthday on February 1<sup>st</sup>. Forever in my heart, Love Mom (Diane)*

He took our infirmities and bore our diseases. Matthew 8.17

### 5<sup>th</sup> Sunday after Epiphany

**Celebrant** – Rev. Michelle Bull

**Licensed Lay Minister** – Liz Mahoney, Allen Johnson

**Eucharistic Minister** – Sarah Durnford

#### **8:00am Holy Communion BCP**

Opening Prayer Page 67  
Collect for the day Printed  
Psalm: 147.1–12 Page 518

#### **10:00am Holy Eucharist (BAS) Livestreamed**

**Processional Hymn: How Firm a Foundation CP 527**

Welcome  
The Greeting Page 185  
The Gloria Page 186

#### **The Collect for the day**

Merciful Lord, **grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.**

#### **The Proclamation of the Word**

1<sup>st</sup> Reading: Isaiah 40.21–31  
Psalm: 147.1–12, 21c Page 906  
2<sup>nd</sup> Reading: 1 Corinthians 9.16–23

**Gradual Hymn: God of Mercy, God of Grace CP 341**

The Holy Gospel: Mark 1.29–39

**Homily:** Rev. Michelle Bull

Creed Page 189  
Prayers of the people  
Confession and Absolution Page 191

The Peace Page 192

**Offertory Hymn: Praise to the Lord, the Almighty CP 384**

#### **Prayer over the gifts**

God of compassion and forgiveness, **receive our offering this day, and make us one with him who is our peace, Jesus Christ our Saviour.**

Eucharistic Prayer

The Lord's Prayer Page 211

Breaking of the bread

*Gluten-free bread is available, please ask Rev., Michelle*

**Communion Hymns: Precious Lord, Take My Hand CP 509**

**You Who Dwell in the Shelter CP 531**

#### **Prayer after Communion**

Eternal God, **in you we find peace beyond all telling. May we who share in this heavenly banquet be instruments of your peace on earth, in the name of Jesus Christ the Lord.**

Doxology Page 214

Blessing

Birthdays and Anniversaries

**Recessional Hymn: He's Got the Whole World SB 12**

+++++

#### **Diocese cycle of prayer:** St James' & St John the Baptist Brooklyn.

We pray for members of our Church and the ministries carried out in their lives especially remembering today; Dennis and Sunbo, Doreen, Rowena, Connie, Melvin and Joyce, and Marion. We also pray for our confirmation class and the pastoral visitors' class.

#### **Inspirational Quote**

Pray for the grace of awareness when you find yourself being quickly dismissive, or condemning, or distancing of someone else. What has this occasion awakened in you that requires you to be superior, or dismissive, or condemning, or grateful that you are not like this other person? The grace of awareness will cultivate the grace of humility... because there's always more going on. Br. Curtis Almquist, SSJE

**Readings for next Sunday, Feb. 11**

1<sup>st</sup> Reading: 2 Kings 2:1-12

Psalm 50:1-6

2<sup>nd</sup> Reading: 2 Corinthians 4:3-6

The Holy Gospel: Mark 9:2-9

**This week in our parish**

Sunday .....	8:00am BCP Eucharist
	10:00am BAS Eucharist
Tuesday.....	12:30pm Coffee Break
Wednesday....	2:00pm Movie Time, The Chosen
Thursday.....	10:00am Meditation Group (closed)
	1:00pm Prayer Group
Saturday.....	10:00am Choir Practice
Sunday .....	8:00am BCP Eucharist
	10:00am BAS Eucharist, commissioning servers

**Notices**

**Annual Reports and Financial Reports:** These are now overdue. Chairs of all the committees and church groups of any kind, if you have not yet submitted your annual reports and financial reports please do so immediately. We will be putting together the annual report in the next couple weeks. Thanks.

**Parish Council Elections:** At our Annual General Meeting this year (Feb. 25), we need to elect at least 1 and preferably 2 wardens and 3-4 members at large. Job descriptions are available (see Canon 35). Please pray about this and consider whether God may be calling you (or someone you can think of) to serve in these roles.

**Movie Time:** Our viewing of The Chosen, the story of Jesus and his disciples, will start this week and will continue on Wednesdays, 2:00-4:00pm at Sarah Durnford's apartment. We have room for 10, so let Sarah know if you would like to come. I think there's one more space.

**Lent:** Lent begins on Ash Wednesday, Feb. 14, this year. We will have two services, at 11 am and 7 pm. We will also begin our annual PWRDF fundraising drive then. If you would like some materials to help you keep a holier Lent, or to go deeper in your relationship with God, speak to Rev. Michelle

**EMMANUEL ANGLICAN CHURCH**  
322 Herring Cove Road, Spryfield, N.S. B3R 1V4  
902 477-1783

E-mail address: [emmanuelchurch@eastlink.ca](mailto:emmanuelchurch@eastlink.ca)  
Website: [emmanuelanglicanchurch.net](http://emmanuelanglicanchurch.net)

**Welcome to our Church!**

If you are visiting us, we are very happy to have you here.  
May you be blessed, as we are, by your presence with us today.



February 4, 2024

Rector: Rev. Michelle Bull - (902) 809-9371  
Retired Deacon: Rev. Mary Wilkie  
Wardens: Donnie Cameron – (902) 444-2742  
Allen Johnson - (902) 209-9852  
Organist: Treena MacDonald