Jesus went about Galilee, teaching, preaching, and healing every disease.

See Matthew 4.23

**CP 291** 

## 4th Sunday after Epiphany

Celebrant - Rev. Michelle Bull

Licensed Lay Minister – Liz Mahoney, Carol MacDonnell

**Eucharistic Minister** – Roxanne Petrossie

### 8:00am Holy Communion BCP

Opening Prayer	Page 67
Collect for the day	Printed
Psalm: 111	Page 477

### 10:00am Holy Eucharist (BAS) Livestreamed

Processional Hymn: Your Hands, O Lord, in Days of Old CP 293

Welcome

The Greeting Page 185
The Gloria Page 186

## The Collect for the day

Living God, in Christ you make all things new. Transform the poverty of our nature by the riches of your grace, and in the renewal of our lives make known your glory; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

## The Proclamation of the Word

1<sup>st</sup> Reading: Deuteronomy 18.15–20

Offertory Hymn: O Christ, the Healer

Psalm: 111 Page 860

2<sup>nd</sup> Reading: 1 Corinthians 8.1–13

Gradual Hymn: God forgave my sin in Jesus' name MP 60

The Holy Gospel: Mark 1.21-28

Homily: Rev. Michelle Bull

Creed Page 189
Prayers of the people
Confession and Absolution Page 191
The Peace Page 192

#### Prayer over the gifts

God of steadfast love, may our offering this day, by the power of your Holy Spirit, renew us for your service. We ask this in the name of Jesus Christ the Lord.

**Eucharistic Prayer** 

The Lord's Prayer Page 211

Breaking of the bread

Gluten-free bread is available, please ask Rev., Michelle

Communion Hymns: Lay Your Hands SB 56
Here O My Lord SB 84

## **Prayer after Communion**

Source of all goodness, in this eucharist we are nourished by the bread of heaven and invigorated with new wine. May these gifts renew our lives, that we may show your glory to all the world, in the name of Jesus Christ the Lord.

Doxology Page 214

Blessing

**Birthdays and Anniversaries** 

Recessional Hymn: What a Friend We Have in Jesus CP 532

<u>Diocese cycle of prayer</u>: St James' & St John the Baptist Brooklyn. We pray for members of our Church and the ministries carried out in their lives. We also pray for our confirmation class and the pastoral visitors' class.

### **Inspirational Quote**

Encouragement is a need we all have; encouragement is a power we all have. Unleash that power. You have within your heart an almost endless supply of encouragement for other people. Practice it! Even if you are running short on receiving encouragement, practice encouragement, and you will reap what you sow.

Br. Curtis Almquist, SSJE

# Readings for next Sunday, Feb. 4

1<sup>st</sup> Reading: Isaiah 40.21–31

Psalm 147.1–12, 21c

2<sup>nd</sup> Reading: 1 Corinthians 9.16–23 The Holy Gospel: Mark 1.29–39

### This week in our parish

Sunday ....... 8:00am BCP Eucharist

10:00am BAS Eucharist

Wednesday.... 10:30 Cultural Awareness Workshop

1:00pm ELF Group 7:00 Parish Council

Thursday...... 10:00am Meditation Group (closed)

7:00pm Pastoral Care Course

Saturday..... 10:00am Choir Practice

11:00pm Messy Church Set up

4:00pm Messy Church

Sunday ....... 8:00am BCP Eucharist

10:00am BAS Eucharist

#### **Notices**

<u>Annual Reports and Financial Reports:</u> We're at that time of the year again when we need the chairs of all the committees and church groups of any kind to write their annual reports and also to submit their annual financial reports. Ideally, we would have these by the beginning of February (ie next week). Thanks.

<u>Parish Council Elections:</u> Just a heads up that at our Annual General Meeting this year (Feb. 25), we need to elect at least 1 and preferably 2 wardens and 3-4 members at large. Please pray about this and consider whether God may be calling you (or someone you can think of) to serve in these roles.

<u>Cultural Awareness Workshop:</u> We have all been raised within a specific culture, and that upbringing colours the way we think and the way we act. Come explore the ways culture influences our thoughts, beliefs, and interactions with others. This will be an interactive session with lots of time to share experiences and ask questions. We will be offering this workshop on Wednesday, January 31, from 10:30-12:00, in the lower hall. Our leader is Anne Kelly, a retired teacher, who worked with adults from diverse cultures for more than twenty years. She has presented numerous workshops on working with newcomers to Canada to language teachers, volunteer tutors and other community organizations. She loves to share her experiences and is passionate about her work.

## **EMMANUEL ANGLICAN CHURCH**

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#### Welcome to our Church!

If you are visiting us, we are very happy to have you here. May you be blessed, as we are, by your presence with us today.



January 28, 2024

Rector: Rev. Michelle Bull - (902) 809-9371
Retired Deacon: Rev. Mary Wilkie
Wardens: Donnie Cameron – (902) 444-2742
Allen Johnson - (902) 209-9852
Organist: Treena MacDonald